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## Halifax Regional Health System

Nancy Coey  
Sweetwater Press  
4705 Twinwood Court  
Raleigh, NC 27613-6115

Dear Nancy:

Thank you so much for bringing a highly introspective, but hilariously entertaining message to our Women and Heart Disease luncheon. I am still receiving calls asking if you can be one of our 2008 Health 'Nite' Out Series speakers or if Halifax Regional can sponsor your talk for a local woman's club, a young adults Sunday School or the public school system's teacher orientation keynote address. My, how news about a great speaker gets around!

You must have guessed how much everyone enjoyed your program when all your books and tapes sold so quickly. (Many women were still in line, probably thinking, "why the heck didn't I get up here first instead of talking to Jane and Mary about how inspiring her talk was . . ."). I was lucky, you sent me a copy and it is a treasure!

Our medical director for the Center for Cardiovascular Services, asked me to find an outstanding speaker who could talk about reducing stress. Stress reduction, particularly in women, is proven to help lower the risk for heart attack and stroke. He got what he wanted! As you could tell, he and his wife thoroughly enjoyed your program. In fact, we believe your suggestions for discovering a better way to view life, may well be saving a few lives right now.

My friends and I all love using your "Well, aren't you special" phase whenever we can and giggle as we think about its possible intended meaning. My supervisor has been a faithful practitioner of the "let it go" theory—thank goodness! And, I have about a year's worth of material I can use to help our staff lighten up.

You are such a pleasure to work with, too. No demands, no long contract. Just a few emails and a phone call and I knew I had the right speaker. So, what am I telling those who've asked for a repeat performance? I tell them the next time we engage your services, we're not going to have a little luncheon for 150—we're going to reserve an auditorium that seats at least 2,000!

Sincerely,

Donna R. Strange, Manager  
Marketing and Public Relations



Dear Nancy,

Where do I start! You delivered a wonderful program for our 17<sup>th</sup> Annual Saturday for Me held in March. It was so much fun to see nearly 1000 women get up out of their chairs and waive their napkins in the air shouting "let it go!"

Your stories are heart-warming and hilarious – you had the women in our audience laughing and crying – all at the same time...that is a gift! Those in attendance will forever be changed by the messages you brought with you.

On a personal note, I really enjoyed working with you – your insight into the program and scheduling were so helpful. It made for a seamless day! Kudos to you and the wonderful work that you do!

Sincerely,

Nikki Terveer  
Manager  
Sanford Health Women's Resource Center

Ms. Nancy Coey  
4705 Twinwood Court  
Raleigh, NC 27613

Dear Nancy,

Where does one begin? What a wonderful evening we were treated to on May 16 with your presentation *What Would Happen If I DID Remove the Mattress Tag?!?* You were absolutely charming, inspirational and touched the hearts of all those in attendance – a perfect complement for our Spirit of Women program. Thank you for agreeing to come to Manitowoc to share with us your words of wisdom.


We both feel so fortunate for being able to spend some time with you before the event. We knew immediately you would be well received. More importantly, we enjoyed getting to know and sharing stories with you.

The results from the evaluations couldn't have been more exemplary. You received 3.92 out of 4! The following comments are just a few of the many wonderful words that were included on the evaluation forms:

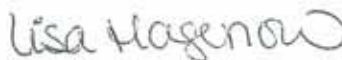
*She hit everything on the head!!! Subject matter was terrific  
Wonderful – so glad I came  
Please bring her back again!  
Sensitive, motivational & entertaining  
It exceeded my expectations  
Humorous & yet instructive  
A great evening – real – relaxing  
I needed that lift in my life.*

Nancy, again thank you so much for providing us with a wonderful evening of humor and wisdom. It was a sincere pleasure working with you, and you are a true professional in every way. We will definitely look for you in Dallas at the Spirit of Women Annual Executive Meeting.

Sincerely,

  
Peggy Pitz

Community Coordinator



Lisa Hagenow  
PR/Marketing Associate